A novel strategy of EGFR-TKI combined chemotherapy in the treatment of human lung cancer with EGFR-sensitive mutation

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Abstract. The discovery of epidermal growth factor receptor (EGFR)-sensitive mutations in non-small cell lung cancer (NSCLC) and the successful clinical application of EGFR tyrosine kinase inhibitors (TKIs) have changed the regimen of lung cancer therapy from traditional cytotoxic chemotherapy to molecular-targeted cancer therapy. However, the main limitation of EGFR-TKI therapy is the heterogeneity of lung cancer harboring EGFR-sensitive mutations. In addition, the synergistic effect of the administration of chemotherapy and EGFR-TKIs, combined with tumor heterogeneity, on NSCLC remains unclear. The present study aimed to investigate the optimal schedule for combined treatment with paclitaxel/gemcitabine and gefitinib in co-cultured NSCLC cell lines, in which PC9 cells were mixed with A549 cells at 0:1, 1:19, 1:3, 1:1, 3:1 and 1:0 ratios, and clarified the associated mechanisms. The mixed cells were used to simulate the tumor heterogeneity in the human cancer environment and to define the differential anti-proliferative effects of nine schedules of paclitaxel/gemcitabine and gefitinib, based on cell cycle distribution. We confirmed that gefitinib arrested PC9 cell growth, mainly at the G1 phase, at 24 h regardless of low or high concentration. After a 24-h culture in gefitinib-free medium, the cell cycle returned to its normal state. Paclitaxel and gemcitabine induced G2/M phase and S phase arrest at 72 h, respectively. The anti-proliferative effect of paclitaxel/gemcitabine followed by gefitinib resulted in the optimum anti-proliferative activity compared with the other seven schedules, which was not affected by tumor heterogeneity. Cell cycle-dependent synergism may contribute to this effect. Our results are in accordance with most of the existing clinical trials, and could provide a potential treatment option for patients with advanced NSCLC and for the ongoing clinical investigation of the sequential treatment of NSCLC.

Introduction

Lung cancer, of which approximately 85% is non-small cell lung cancer (NSCLC), is one of the leading causes of cancer mortality worldwide (1). Being superior to traditional chemotherapy, epidermal growth factor receptor (EGFR)-tyrosine kinase inhibitors (TKIs) have become a standard first-line treatment for advanced NSCLC with EGFR-sensitive mutation (2). Recently, two phase III studies have found that tumors with EGFR-sensitive mutations are highly sensitive to EGFR-TKIs, with a better prognosis compared to carboplatin plus paclitaxel or pemetrexed plus carboplatin chemotherapy regimens (3,4). However, EGFR-TKIs achieve a complete response in less than 5% of patients and have reached a therapeutic plateau, with a median progression-free survival (PFS) no longer than 13 months (5).

Since gefitinib treatment for patients with EGFR-sensitive mutations does not last long, considering that patients inevitably and ultimately develop T790M resistance (6,7), some novel treatment modalities against NSCLC, involving the integration of EGFR-TKIs with cytotoxic chemotherapy, have been designed to conquer these problems. A randomized phase II study demonstrated the superiority of EGFR-TKIs combined with pemetrexed compared with gefitinib alone in prolonging PFS and increasing the objective response rate (ORR) in advanced NSCLC patients harboring EGFR-sensitive mutations (8). Other studies found that intercalating gefitinib into chemotherapy compared to chemotherapy alone could prolong PFS and overall survival (OS) (9-11). Nevertheless, a meta-analysis of nine randomized trials showed that there was no benefit to OS associated with first-line TKI followed by second-line platinum-based doublet chemotherapy compared to the reverse sequence in NSCLC patients with EGFR mutation (12). Although there are many previous studies into the sequence-dependent interactions between EGFR-TKIs and chemotherapy in human cancer cell lines with EGFR mutation, optimal therapeutic regimens remain unclear. Therefore, we aimed to understand the principle of synergistic or antagonistic effects between different EGFR-TKI and chemotherapy sequence regimens in combination with cell cycle distribution.
Gemcitabine and paclitaxel are active agents in the treatment of a variety of human malignancies, particularly NSCLC (13). Gemcitabine arrests the cell cycle at the S phase (14), while paclitaxel causes M phase cell accumulation (15). Understanding cell cycle disturbances caused by the two drugs may aid in the design of the most appropriate treatment schedule.

In the present study, human lung cancer cells with different EGFR mutations, co-cultured in order to simulate the tumor heterogeneity of human NSCLC, were used to determine the differential anti-proliferative effects of gemcitabine, paclitaxel and gefitinib in different schedules based on the cell cycle distribution. Specifically, we tested the anti-proliferative effects of gemcitabine/paclitaxel and gefitinib in nine different schedules.

Materials and methods

Drugs and chemicals. Gefitinib, purchased from Selleck Chemicals (Houston, TX, USA), was dissolved in dimethyl sulfoxide (DMSO; Sigma-Aldrich; Merck KGaA, Darmstadt, Germany) to a 1-mM stock solution. Paclitaxel was purchased from Sigma-Aldrich (Merck KGaA) and was dissolved in phosphate-buffered saline (PBS) at 100 mM as the stock solution. Gemcitabine was purchased from Sigma-Aldrich (Merck KGaA) and was dissolved in PBS at 100 mM as the stock solution. The drugs were stored at -20°C and diluted with culture medium prior to use.

Cell lines. The human NSCLC A549 cell line without the EGFR 19 exon mutation and the PC9 cell line with the EGFR 19 exon mutation were purchased from the American Type Culture Collection (ATCC, Manassas, VA, USA) and maintained in RPMI-1640 medium (GE Healthcare-Hyclone Laboratories, Logan, UT, USA), supplemented with 10% fetal bovine serum (FBS; Biological Industries, Beith Haemek, Israel), penicillin (100 U/ml) and streptomycin (100 µg/ml) at 37°C in 5% CO₂. The cells were then harvested with trypsin-EDTA when they had reached the point of exponential growth.

DNA extraction. Genomic DNA was extracted from the A549 and PC9 lung cancer cells using a TIANamp blood DNA extraction kit (Tiangen Biotech, Beijing, China), according to the manufacturer's instructions. The A260 and A280 of the DNA samples were tested to measure the quantity and purity of the genomic DNA. All DNA samples were dissolved in distilled water and stored at -20°C.

PCR and sequencing of the EGFR 19 exon gene. Exon 19 encoding the intracellular domain of EGFR was amplified from genomic DNA and directly sequenced. The pair of primers targeting exon 19 of the EGFR gene was designed using Primer Premier 5.0 (Premier Biosoft International, Palo Alto, CA, USA). The sequences were as follows: Exon 19 forward, 5'-AGCCCCCAGCAAATATCGCCCTAGGTG3' and reverse, 5'-CTTAGAGACGACCTGGCCTCTCCC AT-3'. PCR amplification was carried out on a PTC-200 DNA thermocycler (MJ Research, Inc., Boston, MA, USA) in a 25-µl reaction system containing 20 ng template DNA, 1X PCR buffer for KOD-Plus-Neo, 1.5 mM Mg₃(SO₄)₂, 0.2 mM of each dNTP, 0.3 µM of each primer and 0.5 units KOD-Plus-Neo DNA polymerase (Toyobo, Co., Ltd., Osaka, Japan). The PCR cycling conditions consisted of an initial denaturation step at 94°C for 2 min, followed by 40 cycles of denaturation at 98°C for 10 sec, annealing at 63.5°C for 30 sec and extension at 68°C for 30 sec. PCR products were purified and sent to Shanghai Biosune Biotech Co., Ltd., (Shanghai, China) for sequencing.

Flow cytometric analysis of cell cycle distribution. PC9 cells were seeded into 6-well plates at a density of 3x10⁴/well. After the cells became adherent in complete medium overnight, they were incubated with serum-free medium for 24 h, and treated with gefitinib at 0, 0.5x IC₅₀, IC₅₀ and 2x IC₅₀ levels in medium with 10% FBS for 24 h. After PC9 cells were treated with gefitinib at the IC₅₀ level for 24 h, cells were cultured in gefitinib-free medium for 24 h. In addition, the PC9 cells were exposed to paclitaxel and gemcitabine as single agents at the concentration of their respective IC₅₀ levels for 72 h. After the start of these treatments, adherent cells were trypsinized, counted, washed and resuspended, along with the corresponding floating cells. The cells were then washed and fixed via dropwise addition of 75% ice-cold ethanol, and stored in PBS overnight at -20°C. After fixation, cells were washed three times with cold PBS and then stained in 500 µl: propidium iodide (PI)-RNase staining buffer solution (BD Biosciences, San Jose, CA, USA) for 15 min at room temperature. Samples were analyzed on a flow cytometer (BD Biosciences, San Jose, CA, USA) and the percentage of cells in the S, G1 and G2-M phases of the cell cycle was determined. The assay was carried out in triplicate and repeated three times.

Treatment regimens. Cell viability was determined by Cell Counting Kit-8 (CCK-8) assays using a CCK-8 (Dojindo Laboratories, Kumamoto, Japan) and performed according to the manufacturer's protocol. Briefly, cells were seeded in 96-well plates (4x10³/well), and PC9 cells were mixed with A549 cells at 0:1, 1:19, 1:3, 1:1, 3:1 and 1:0 ratios. After 12 h, paclitaxel, gemcitabine and gefitinib were added based on the obtained IC₅₀ values according to different sequences. A total of 10% CCK-8 solution was added to each well at 72 h, and the plates were incubated at 37°C in 5% CO₂ for 2 h. The absorbance of each sample was measured at a wavelength of 450 nm using a microplate reader. In order to evaluate the anti-proliferative effects of combined treatment, nine different sequences were designed: i) Pretreated with gefitinib for 48 h, aspirated and washed once with PBS and re-dosed every 24 h, followed by paclitaxel for 24 h; ii) Pretreated with paclitaxel for 24 h, aspirated and washed once with PBS and gefitinib followed by gefitinib for 48 h, and cells were aspirated and washed once with PBS and re-dosed every 24 h; iii) Pretreated with a double gefitinib dose for 24 h, aspirated and washed once with PBS, followed by drug-free medium for 24 h intervals, and then aspirated and washed again, followed by paclitaxel for 24 h; iv) Pretreated with gefitinib for 72 h, and cells were aspirated and washed once with PBS and re-dosed every 24 h; v) Pretreated with paclitaxel for 72 h, and cells were aspirated and washed once with PBS and re-dosed every 24 h; vi) Pretreated with gefitinib for 48 h, aspirated and washed once with PBS and re-dosed every 24 h, followed by gemcitabine for 24 h; vii) Pretreated with gemcitabine for
The numbers of cells. PC9 cells were mixed with A549 cells at 0:1, based on dead cell exclusion analysis, was used to measure the cell proliferation and viability. Vi-Cell XR (Beckman Coulter, Inc., Brea, CA, USA), an automated cell viability analyzer, was better than three independent experiments are presented. The assay was carried out in triplicate and the results of more than three independent experiments are presented.

Statistical analysis. The results obtained from at least three independent experiments are presented as the mean ± standard error (SE) of at least three experiments. Statistical comparisons of sequence-dependent effects were conducted using Student’s t tests and analysis of variance. Statistics and graphs were generated using GraphPad Prism software (ver.6.00 for Mac; GraphPad Prism Software, Inc., La Jolla, CA, USA). P<0.05 was considered to indicate a statistically significant difference.

Results

Sequencing of the EGFR 19 exon gene. Specific primers were used for amplifying the cDNA fragments of the EGFR tyrosine kinase domain. Among the sequences from the A549 cell line and the PC9 cell line, we found that 15-bp were deleted in the PC9 cell line, and the A549 cell was wild-type for EGFR (Fig. 1).

Cell cycle modulation by gefitinib. DNA flow cytometer studies were performed to evaluate the effect of single gefitinib treatment on cell cycle distribution and to determine whether different gefitinib exposure doses would modulate the cell cycle, which may provide clues for optimizing the drug sequence. Gefitinib caused a G1 arrest within 24 h at 0.5x IC50, IC50, and 2x IC50 concentrations (Fig. 2A). After treatment for 24 h with gefitinib, followed by a 24-h interval with drug-free medium, the PC9 cells were returned to the normal cell cycle distribution compared with the control group (Fig. 2B). These results indicated that gefitinib could induce G1 phase cell cycle arrest after 24 h, and that the cells could return to their normal state after 24 h with drug-free medium. In addition, gefitinib and paclitaxel arrested PC9 cells at the G2/M and S phase at 72 h, respectively (Fig. 2C and D).

A sequence of paclitaxel/gemcitabine followed by gefitinib is the most effective regimen compared with the other seven sequences in the different mixed populations of NSCLC cell lines. To evaluate the anti-proliferative effects of paclitaxel/gemcitabine and gefitinib treatment, we performed a series of CCK-8 cell growth assays. PC9 cells were highly sensitive to gefitinib, while A549 cells exhibited primary resistance to gefitinib. All of these cell lines demonstrated similar sensitivities to paclitaxel and gemcitabine. We evaluated the anti-proliferative effects on the six mixed populations of A549 and PC9 cell lines in nine sequences.

Gemcitabine and paclitaxel exerted an antitumor effect in the A549 and PC9 cell lines when used as single agents. Subsequent to a 72-h exposure, the IC50 values of gemcitabine and paclitaxel in the A549 cells were 0.8164 µM and 0.1437 µM and the IC50 values of gemcitabine and paclitaxel in the PC9 cells were, 0.2463 µM and 16.86 nM, respectively (Table I). Additionally, the IC50 value of gefitinib in the PC9 cells was 15 nM.

We then evaluated the anti-proliferative effects of different sequence-dependent regimens of paclitaxel/gemcitabine and gefitinib on co-cultured human lung cancer cell lines. The schedules for in vitro sequences of treatment with paclitaxel/gemcitabine and gefitinib are presented (Figs. 3A and 4A). Sequential administrations of paclitaxel/gemcitabine followed by gefitinib (group b/g), and a double gefitinib dose followed by paclitaxel/gemcitabine (group c/h) both induced a clear synergistic effect. On the contrary, only the gefitinib followed by paclitaxel/gemcitabine (group a/f) resulted in an antagonistic interaction. Although group b/g and group c/h resulted in a significant anti-proliferative effect, the inhibited rate of group b was prior to the group c; the inhibition rate of group g was better than that of group h. In addition, we also compared a paclitaxel/gemcitabine-gefitinib combination (group b/g)
with paclitaxel/gemcitabine alone (group e/i) or gefitinib alone (group d); the treatment in group b/g was more efficacious than the single-agent regimens. Hence, these results confirmed the superiority of the group b and group g regimens among the nine different schedules. The two groups exhibited significantly diminished cell viability in the mixed populations of NSCLC cells, which indicated a synergistic effect (P<0.05). The combined effect of paclitaxel/gemcitabine and gefitinib was evaluated on the basis of the P-value (Figs. 3B and 4B). In addition, the anti-proliferative effects were not changed by the six different co-culturing ratios. The anti-proliferative effects of paclitaxel and gemcitabine in the different sequences were similar.

Cell proliferation and viability assays. To elucidate the underlying growth interactions of A549 and PC9 cells, we conducted cell proliferation and viability assays. PC9 cells were grown in groups, which was different from A549 cells (Fig. 5A and B). Comparing the co-cultured cells, there was no significant synergistic or inhibitory effect between them, as observed by microscopy (Fig. 5C and D). After 7 days, the cell proliferation of A549 and PC9 cells at 0:1, 1:1 and 1:0 ratios was assessed (Fig. 5E). There was no relevant effect between the co-cultured A549 and PC9 cells. Additionally, the growth curves were completely coincident at 3 days, and the 7-day growth curves failed to reach statistical significance (P=0.6373).
Discussion

In the present study, the flow cytometric analysis revealed that gefitinib stagnated PC9 cells at the G1 phase regardless of the concentration or exposure time, and paclitaxel and gemcitabine induced G2/M phase and S phase arrest at 72 h, respectively. We also demonstrated that the sequence of gemcitabine/paclitaxel followed by gefitinib resulted in an optimum significantly synergistic effect on the NSCLC co-cultured cell lines among the nine different schedules. In addition, this anti-proliferative effect seemed to have no correlation with the different constitutive expression levels of the EGFR mutation.

In accordance with these sequence-dependent results, the FASTACT-1 and FASTACT-2 trials revealed that intercalating erlotinib into chemotherapy could lead to an improvement in terms of prolonging PFS and OS (16,17). The NCT02148380 and UMIN000003808 trials found that treatment with pemetrexed plus carboplatin combined with gefitinib could provide better survival benefits for patients with lung adenocarcinoma harboring EGFR-sensitive mutations (18,19). Furthermore,
other phase II and III clinical trials observed that first-line erlotinib/gefitinib followed by chemotherapy was significantly inferior in terms of OS compared with the sequence of first-line chemotherapy followed by erlotinib/gefitinib (20,21), which once again confirmed the reliability of our experimental results. Obviously, using a strategy comprising of a sequence of EGFR-TKIs with chemotherapy, we demonstrated that, compared to single target therapy, the sequential therapy significantly prolonged PFS and OS; however, we need a better understanding of the principle underlying the different schedules in order to choose the optimal treatment regimen.

Given that the phase II and III clinical trials were unsuccessful, the failure to achieve sensitive results may be due to the inability to adopt appropriate drug administration sequences. In fact, the G1 cell cycle arrest caused by EGFR-TKIs may reduce the cell cycle phase-dependent activity of chemotherapy, thereby leading to cell cycle-specific antagonism (22,23). In brief, the sequence of gefitinib followed by paclitaxel/gemcitabine resulted in an antagonistic interaction. As gefitinib was administered before paclitaxel/gemcitabine, gefitinib caused the tumor cells to undergo G1 phase arrest, which prevented the cytotoxic effects of subsequently administered paclitaxel/gemcitabine. By contrast, the sequence of paclitaxel/gemcitabine followed by gefitinib could be sufficient to allow for chemotherapy-induced S phase and G2/M phase arrest to improve the targeted effects of the subsequent

Figure 4. The anti-proliferative effects of gemcitabine combined with gefitinib are sequence-dependent. (A) Schedules of sequential treatment: f) gefitinib followed by gemcitabine; g) gemcitabine followed by gefitinib; h) two doses of gefitinib followed by gemcitabine; i) gemcitabine alone for 72 h. T, gefitinib; G, gemcitabine. (B) The sequence of gemcitabine followed by gefitinib produced the most potent anti-proliferative effect in the NSCLC cell lines. The inhibition rate was determined by CCK-8 assay. *P<0.0198, **P<0.01, ***P<0.0003, ****P<0.0001.
gefitinib. However, as shown in Figs. 3 and 4, different from group b/g and group a/f, the anti-proliferative effects of the group c and h regimens were simply a sum of EGFR-TKI and chemotherapy therapy without any synergistic or antagonistic effect. Due to the withdrawal of gefitinib after 24 h, the cells reentered into the cell cycle from G1 phase arrest and their sensitivity to paclitaxel/gemcitabine was restored. Therefore, the therapeutic effect of group c/h was in the middle of the nine schedules.

TKI treatment is preferred in advanced lung cancer harboring EGFR-sensitive mutation, but the heterogeneity of lung cancer is a key limitation of single TKI treatment. Based on previous study, it is of vital importance to obtain the EGFR mutation status at the initial diagnosis of advanced NSCLC disease to optimize the therapeutic approach; nonetheless, an advantage was still observed in that gemcitabine/paclitaxel followed by gefitinib appeared favorable as compared to other schedules when A549 cells were mixed with PC9 cells at a 1:1 ratio. This is the first experiment in vitro to model tumor heterogeneity in the human microenvironment. Yang et al (24) demonstrated that paclitaxel-carboplatin combined with intercalated gefitinib showed a high response rate when the EGFR mutation status was unknown Kim et al (25) and Jakobsen and Sorensen (26) believed that the heterogeneity of NSCLC, and chemotherapy-induced changes in biomarker expression modifying the sensitivity of NSCLC to EGFR-TKI activity, may be a potential hypothesis as to why EGFR-TKIs show efficacy also in EGFR wild-type patients.
On the other hand, Kubo et al (21) found that a regimen of carboplatin and paclitaxel followed by gefitinib, compared with the reverse sequence, in patients with advanced NSCLC was not favorable, regardless of their EGFR mutation status. Although TKI has been regarded as the standard first-line treatment in patients with advanced lung cancer, due to intratumor and intertumor heterogeneity under a different selection (27), there are some limitations when TKI is used as a single therapy, or is combined with chemotherapy or other therapy. According to this study, the anti-proliferative effects of six different sequence regimens were not affected by tumor heterogeneity. This may be related to the fact that the A549 and PC9 cells we selected did not accurately mimic the human tumor microenvironment. We also did not co-culture other cell lines. In this regard, it still remains an open question. In addition, some research found that EGFR-TKI plus chemotherapy could not only improve the antitumor effect, but could also delay and prevent the appearance of gefitinib-resistance clones (28,29). This therapy may overcome the heterogeneity in the resistance to gefitinib (30).

In conclusion, the present study demonstrated that the most efficacious schedule to treat NSCLC in vitro was the sequence of gemcitabine/paclitaxel followed by gefitinib, which was unaffected by tumor heterogeneity. We also characterized the molecular mechanisms involved in the synergistic effect between gemcitabine/paclitaxel and gefitinib against the NSCLC cell lines. The experimental results have been confirmed by clinical data, and they could provide a potential treatment option in patients with advanced NSCLC and for the ongoing clinical investigation of the sequential treatment of NSCLC.

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Availability of data and materials

The datasets used during the present study are available from the corresponding author upon reasonable request.

Authors' contributions

WX and LZ conceived and designed the study. YQ, KX, SQ and PZ performed the experiments. WX and LZ wrote the manuscript. LZ, YQ and KX reviewed and edited the manuscript. All authors read and approved the manuscript and agree to be accountable for all aspects of the research in ensuring that the accuracy or integrity of any part of the work are appropriately investigated and resolved.

Ethics approval and consent to participate

This study does not contain any experiments with human tissues or animals.

Patient consent for publication

Not applicable.

Competing interests

The authors state that they have no competing interests.

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